



Dr. Jerry Young
Convention President
Dr. Alvin Edwards
General Secretary

Dr. Alvin Love
Faith-Based Initiatives
Dr. Michael O. Minor
National Director, NBCUSA Liaison to the U.S. Department of Health and Human Services
info@hopenbc.com

H.O.P.E. Health and Human Services Partnership

www.hopenbc.com

2021 Suggested Health and Wellness Observances

Adapted from the Rising Sun Usher Federation of Northwest Mississippi

JANUARY 2021

- † National Volunteer Blood Donor Month
- † *Glaucoma Awareness Month*

FEBRUARY 2021

- † American Heart Association American Heart Month
- † Go Red Day (Feb. 5)
- † **National Black HIV/AIDS Awareness Sunday (Feb. 7)**
- † **NBCUSA H.O.P.E. Wear Red Sunday (Feb. 14)**

MARCH 2021

- † National Colorectal Cancer Awareness Month
- † **NBCUSA H.O.P.E./American Kidney Fund Kidney Sunday (March 7) (AoU)**
- † World Kidney Day (March 8)
- † National Women and Girls HIV/AIDS Awareness Day (March 10)
- † **Taste Test Sunday (March 21)**
- † American Diabetes Association Diabetes Alert Day (March 23)

APRIL 2021

- † Minority Health Month
- † World Health Day (April 7) (AoU)
- † *National Autism Awareness Month*

MAY 2021

- † American Stroke Association American Stroke Month
- † National Mental Health Month

† National Women's Health Week (May 9-15)

- † NBCUSA H.O.P.E. Mother's Day Bells for Remembrance Breast Health Awareness (Sunday, May 9)
- † Power (to End Stroke) Sunday (May 16)

JUNE 2021

- † National Cancer Survivor's Day ® (June 6)
- † **NBCUSA H.O.P.E. Summer of Health and Wellness Vacation Bible School/Summer Camp**
- † Fireworks Safety Month (through July 4)
- † Men's Health Month
- † *National Scleroderma Awareness Month*

JULY 2021

- † **NBCUSA H.O.P.E. Summer of Health and Wellness Vacation Bible School/Summer Camp**
- † Fireworks Safety Month (through July 4).
- † Minority Mental Health Month

AUGUST 2021

- † National Minority Donor Awareness Day (Aug. 1) (AoU)
- † National Immunization Awareness Month
- † National Breastfeeding Month

SEPTEMBER 2021

- † National Childhood Obesity Awareness Month
- † Sickle Cell Disease Awareness Month
- † **NBCUSA H.O.P.E. Senior Recognition Sunday (Sept. 12)**
- † **NBCUSA H.O.P.E. Let's Move Weekend (Sept. 17-19)**

† NBCUSA H.O.P.E. Sickle Sabbath Sunday (Sept. 19)

† National HIV/AIDS and Aging Awareness Day (Sep. 18)

OCTOBER 2021

- † National Church Safety and Security Month
- † National Breast Cancer Awareness Month
- † *National Bullying Prevention Month*

NOVEMBER 2021

- † Diabetes Awareness Month/Diabetes ID (I Decide) Day (Nov. 14)
- † Pancreatic Cancer Awareness Month
- † National Alzheimer's Disease Awareness Month and National Caregiver Month
- † Pancreatic Cancer Purple Light Sunday (Nov. 21)
- † American Cancer Society Great American Smoke Out (Nov. 18)

DECEMBER 2021

- † World AIDS Day (Dec. 1)
- † National Drunk & Drugged Driving (3D) Prevention Month
- † National Influenza Vaccination Week (Dec. 5-11) (AoU)

Key:

Bold – NBCUSA H.O.P.E. sponsored events

Italicized – part of 5-year rotation

AoU – All of Us Research Program emphasis activity

For more information or to volunteer to be an observance co-chair, e-mail info@hopenbc.com.